



10 Habits Of Mind For College Success

Overview

A wide variety of factors contribute to student success and achievement during the college years and beyond. Research suggests that student success and engagement are influenced as much by certain attitudes, and predispositions as by particular skill sets and levels of preparedness—in other words, *Habits of Mind*. These habits have the potential to shape both academic and social engagement, and lifelong success. This StudentLingo will explore the ten habits of mind that promote the psychological mindsets and behaviors that cultivate success in college and in life.

Objectives:

Students will learn:

- Understand theories of learning, personality and motivation that inform student success
- Learn affective variables that mediate success
- Identify potential roadblocks to their growth and development
- Examine the habits of mind for college achievement and lifelong success
- Identify the resources on campus that will help cultivated these habits
- Reflect and imagine how to apply these habits to future experiences

Please Note: StudentLingo individual products and packages for students, such as Title IX, Campus Culture & Inclusivity Package are not part of the Go2Knowledge membership.

Presenter



Laurie L. Hazard
Bryant University in Smithfield

Laurie L. Hazard is the Assistant Dean for Student Success at Bryant University in Smithfield, RI. As a member of the Applied Psychology Department, she writes about parent involvement, student personality types and classroom success. She is an award-winning expert on how students can make successful transitions from high school to college. After earning her Master's of Education degree from Boston University in counseling, she received a Doctoral degree from Boston University in Curriculum and Teaching. Laurie is co-author of the book *Foundations for Learning*, 3rd Edition (2012, Prentice Hall), which is designed to help students make a successful transition to college by encouraging them to take responsibility for and claim their own education. Hazard's textbook has been adopted by colleges and

universities around the country, including Boston University, University of Nevada, and Texas A&M. Richard J. Light, the Walter H. Gale Professor of Education at Harvard University, calls Hazard's book "a winner for any college student" that is a "beautifully written joy to read."

Laurie has won numerous awards for her work with first-year students and their parents, including the National Resource Center for The First-Year Experience and Students in Transition's Outstanding First-Year Student Advocate; the Learning Assistance Association of New England's Outstanding Research and Publication Award; and the Learning Assistance Association of New England's Outstanding Service to Developmental Students Award. Most recently, Laurie received the CRLA Northeast's Outstanding Service to the Field of Developmental Education Award.

Laurie's expertise has garnered national media attention. She has been interviewed and cited as an expert in the Associated Press, Seventeen Magazine, The Chicago Tribune, The Times Picayune, The San Diego Tribune, and Student Affairs Leader. Laurie has also been a guest columnist for the Washington Post's Answer Sheet: A School Survival Guide for Parents (And Everyone Else). Her articles offer concrete advice for parents of new college students: "How to Help Your Child Adapt to College Life," and "Parents Should Leave their Kids Alone at College." Most recently, Laurie has written a book with co-presenter Stephanie Carter, called *Your Freshman Is Off To College* (2016).